

# What is close contact?



Close contact with someone who has COVID-19 is defined by public health and medical experts as someone who has:



Had face-to-face contact with someone who has COVID **for at least 15 minutes within a distance less than 6 feet over a 24-hour period**



Had direct contact with an ill person's respiratory droplets. For example, have been directly sneezed on



Touched, hugged, or had significant contact with a person with COVID



Provided care to someone who has COVID, such as a health care worker



**WEARING A MASK OR FACE COVERING** and avoiding touching your face can significantly reduce the risk of spreading COVID to others, or contracting COVID, and provides an important barrier to prevent the spread of COVID.

**PUBLIC HEALTH OFFICIALS** will trace those who have had close contact with someone who has COVID. This means those who are identified by the criteria above are potentially at risk of contracting COVID if they have been in close contact

with someone who is ill. Others who do not fit this criteria as being in close contact with someone who has COVID-19 may not be identified to quarantine or as being at risk of exposure from the infected person.

