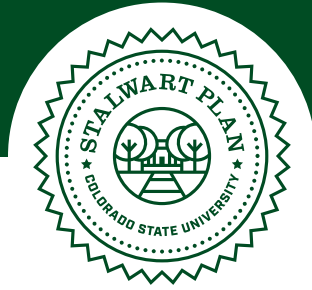


Faculty and staff guide for reporting COVID-19 exposure



What if a student or colleague reports to me they have COVID-19, have tested positive (with or without symptoms) or have been exposed?

- Advise them to stay home and isolate and immediately report their concern through the COVID Reporter.
- Reporting this concern through the COVID Reporter alerts CSU public health officials, who will follow up directly with the person who has reported the exposure.
- Protect the student or employee's privacy. Do not share information with others, with the exception of public health staff.
- You may contact the CSU public health office for guidance at 970-491-4600.

How is CSU addressing someone with COVID-19 or someone who reports exposure?

CSU follows all public health guidance provided by the Centers for Disease Control and Prevention, as well as the state and county public health departments. More information is available at covid.colostate.edu

If an employee has been exposed or has had COVID-19, when can they return to work? When can a student return to in-classroom experiences?

It is ok to resume normal activities, following all public health guidance for the general public, when the individual has been directed by their health care provider or a public health official that they have met the criteria to resume normal activities.

For someone who has tested positive for COVID-19 or who are suspected to have COVID-19, this is typically when the person is:

- 24 hours without a fever AND
- 10 days have passed since symptoms first appeared

For someone who has been ordered to quarantine as close contact this is generally after 10 days have passed, but depends on each individual case. If the person is in quarantine, and then develops symptoms, they must then isolate for 10 days from the date their symptoms begin. To be released from isolation, they must be without a fever for 24 hours..

COVID-19 is a new strain of virus in a family of viruses called coronavirus. Most coronavirus cause illness like the common cold; because this is a new strain, some people are experiencing severe symptoms, including

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|-------------------------------------|---|
| • Loss of ability to taste or smell | • Cough |
| • Fever | • Shortness of breath |
| • Chills and sometimes shaking | • Sore throat |
| • Muscle pain | • Nausea or other gastrointestinal symptoms |

How is COVID-19 spread?

- This means less than 6 feet of distance for at least 15 minutes within a 24 hour period.
- Directly being sneezed or coughed on by someone who has the virus.
- Having close physical contact, such as hugging, with a person with COVID-19.
- Caring for someone who has COVID-19, such as a health care worker.

